



**CAMBRIDGE
MIDDLE
SCHOOL**

CONNECT · INSPIRE · GROW

Athletics Day

Thursday 30 October 2025

8:30am to 3pm

	ROUND 1	ROUND 2	ROUND 3	ROUND 4	ROUND 5	ROUND 6	ROUND 7	ROUND 8	ROUND 9	ROUND 10	ROUND 11
	9 to 9:30	9:30 to 10:00	10:00 to 10:30	10:30 to 11:00	11:00 to 11:30	11:30 to 12:00	12:00 to 12:30	12:30 to 1:00	1:00 to 1:30	1:30 to 2:00	2:15
Y7 Boys	200m (400m track)	100m (100m track)	high jump	high jump	discus	discus	long jump	long jump	shot put	shot put	100m finals 200m finals 4x100m team relays
Y7 Girls	shot put	shot put	200m (400m track)	100m (100m track)	high jump	high jump	discus	discus	long jump	long jump	100m finals 200m finals 4x100m team relays
Y8-10 Boys	long jump	long jump	shot put	shot put	200m (400m track)	100m (100m track)	high jump	high jump	discus	discus	100m finals 200m finals 4x100m team relays
Y8-10 Girls	discus	discus	long jump	long jump	shot put	shot put	200m (400m track)	100m (100m track)	high jump	high jump	100m finals 200m finals 4x100m team relays

